

Get set and simply go

By Harsha Bhat, Bangalore Mirror Bureau | Mar 25, 2014, 07:28 PM IST



Malini Gowrishankar at Bermuda Islands

A bunch of travel-enthusiastic women wonder aloud about the joys of wandering

Not for nothing did author Pat Conroy remark, "Once you have travelled, the voyage never ends, but is played out over and over again in the quietest chambers. The mind can never break off from the journey." For those who travel or seek to do, the world is an open invite. It's precisely this spirit that Malini Gowrishankar of F5Escapes, that specialises in all women-travel, seeks to shed light upon through Just Go, a series of conversations on women and travel that kickstarts this weekend. It will see women travellers converge and converse about all that it takes to simply take off.

"It's all about breaking free and finding that moment when you decide to simply get set and go," says Gowrishankar. The first session titled I want to break free will see three female travellers — writer, photographer and traveller Anita Bora, entrepreneur Sudha Mathew of Goseekhide.com, and traveller Hema Narayanan, who quit the corporate life a few years ago to pursue travel writing and photojournalism — feature in a panel discussion about breaking the barriers that bind and keep you from making that much-desired trip. "Be it the fear of starting the journey or insecurity about travelling alone, there are barriers all travellers face. We will provide aids to break through those, and

this is the first step in this direction," she adds.

The hour-and-a-half long conversation invites women to hop along and join fellow travel enthusiasts to know what it takes to make that trip happen. And if you're still wary, Gowrishankar has a word of encouragement — "The best part of going on all-women trips is that you don't have to wait for company — company is already taken care of."

Why wait then? Go ahead and break free.

JUST GO, 5 pm to 6.30 pm on March 29, Atta Galatta, Kormangala, 41600677 / 9632510126

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